2019 Lenten Retreat of the Northeast Seniorate of the Western Diocese of the PNCC

Sacrifice And the Mass

The Lenten Retreat of the Northeast Seniorate of the Western Diocese began at 10am at Resurrection Parish in Temperance, MI. There were just about fifty people in attendance, including our Administrative Senior, the Very Rev. Jaroslaw Nowak; Rev. John Cramer; Rev. Jason Soltysiak; and Rev. Greg Gronn.



As has been custom for the last many number of years, we meet in Temperance, just outside of Toledo, as it is the closest thing to a center-point of our Seniorate, about 2 hours from Cleveland and less than an hour from the Detroit-area parishes. The parish in Temperance, though still relatively new to the PNCC, is well-known for its culinary prowess. As everyone began arriving before the 10:30am start time, the breakfast options included donuts, pastries, bagels, fresh fruit, parish-made coffee cake (a favorite of this author), coffee, orange juice, etc.





The theme for this year's retreat was Sacrifice and the Mass. This was a theme that was discussed and agreed-upon by the priests of the Seniorate with the concurrence of sp. Bishop Stanley Bilinski at the 2018 General Synod.

The structure of the retreat would simply be Mass: con-

celebrated by the priests, with explanations, historical background, and evolutions of nearly every point in Mass. Before, during, and after each presentation, the congregants could "interrupt" Mass with any questions they had.

These ranged from in -the-moment head-scratchers to those gnawing thoughts that have been in the back of minds since the Carter Administration.





Though the concept was simplystated, it took a tremendous amount of research and re-opening books from Seminary and beyond from our clergy. Between the explanations and the interruptions, Mass for 2nd Saturday of the Lenten season, without a Gloria, Creed, or Homily took...three hours and forty-five minutes!



After an introduction by Father Jason that included how things were going to play out, the fact that we'd only get one break, that we'd uphold the sanctity of Mass, and that lunch would follow Mass, the clergy vested and solemnly processed in to begin Mass, which was a spoken Mass, unaccompanied by music in order to save time (ha!). We were to use the Contemporary Rite of the Mass, with insight in how and why certain things changed from many of our experiences in grow-





ing up with the Traditional Rite to today.

Father Jason Soltysiak was our "retreat master" this year and served as the main celebrant. What made the Mass worthwhile was not just the questions asked, but the ability of the attending clergy to add insight to almost every other topic The topics we spoke on and who spoke on what is as follows:

- 1. Explanation on processions Fr. Sr. Nowak
- 2. Why we stand at Mass Fr. Soltysiak
- 3. Litany options why and what Fr. Cramer
- 4. Penitential Rite & PNCC Sacrament of Penance Fr. Soltysiak
- 5. Brief talk on the Gloria (not recited today) Fr. Soltysiak

- 6. Few words on Opening Prayer/ Structure of 3 Mass prayers/Call to prayer – Fr. Soltysiak
- 7. Explanation on why we Sit at Mass Fr. Soltysiak
- 8. Short explanation on Readings, etc. & PNCC Sacrament of Word of God Fr. Soltysiak
- 9. Why Intercessions? Fr.Soltysiak
- 10. A few words on the Creed Fr. Soltysiak & Fr. Cramer
- Remarks on the Offertory Fr.
 Soltysiak
- 12. The point of the Preface and Sanctus Fr. Soltysiak
- 13. Overview of Eucharistic Prayer2 St. Hippolytus
- 14. ***Canon Con-celebrated with no interruptions***
- 15. Pater Noster/Our Father & Embolism Fr. Cramer
- 16. PNCC unique prayer Fr.Soltysiak
- 17. Sign of Peace Fr. Soltysiak
- 18. Agnus Dei/Lamb of God Fr. Cramer
- 19. Communion of Celebrant & Faithful explanation Fr. Gronn







20. Blessing, Dismissal, Recessional – Fr. Sr. Nowak

Mass concluded, and everyone was invited to the parish hall for a bite to eat, prepared by the chefs of Resurrection Parish. We were served some good ol' southern cooking, as pulled

pork sandwiches were accompanied by coleslaw, cucumber & onion salad, traditional salad, and more.

We were blessed to go off-script and do a Lenten Retreat that really was out-of-the-ordinary. Our decision was strength-



ened by the positive words of enjoyment given by many of the attendees. We'll work to give another successful Lenten Retreat next year!







Parishes of the Northeast Seniorate of the PNCC Western Diocese

Holy Cross Parish Hamtramck, MI Pastor– Very Rev. Jaroslaw Nowak, Administrative Senior

> Resurrection of our Lord Parish Temperance, MI Administrator– Very Rev. Jaroslaw Nowak

All Saints Parish
Sterling Heights, MI
Administrator—Rev. Michael Gitner

Our Savior Parish Dearborn Heights, MI Pastor– Rev. John Cramer

St. Mary's Parish Parma, OH Pastor– Rev. Jason Soltysiak

Seniorate Clergy-

Rev. Gregory Gronn, Retired North Olmsted, OH

Deacon Richard Kasprzak Assigned to Our Savior Parish

Sub-Deacon James Ploskonka Assigned to St. Mary's





