Act of Spiritual Communion

(To be used at the time of communion when not receiving the sacrament or anytime we wish to be united with our Lord)

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. Inflame my heart with the fire of Your love, my Lord and Savior. Amen.

Prayer of St. Michael

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.

Prayer of St. Francis

Lord, make me an instrument of Your peace;

Where there is hatred, let me sow love; Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

And where there is sadness, joy.

O Divine Master,

Grant that I may not so much seek

To be consoled as to console;

To be understood, as to understand;

To be loved, as to love;

For it is in giving that we receive, It is in pardoning that we are pardoned, And it is in dying that we are born to Eternal Life. Amen.

Our Savior Polish National Catholic Church

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Mass Schedule

Sunday Mass at 10:30 AM Daily Mass: Tuesday-Friday at Noon

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Solemnity of the Christian Family Contemporary Rite, p. 63 Hymn of Faith p. 13 Penitential Rite, p. 65

Entrance Hymn

V. Whoever does not provide for relatives and especially family members has denied the faith and is worse than an unbeliever.

R. So then, while we have the opportunity, let us do good to all, but especially to those who belong to the family of faith.

V. Glory be...

R. As it was...

A Reading from the Book of Genesis.

Gen 1:26-28, 31a

Then God said: Let us make human beings in our image, after our likeness. Let them have dominion over the fish of the sea, the birds of the air, the tame animals, all the wild animals, and all the creatures that crawl on the earth. God created mankind in his image; in the image of God he created them; male and female he created them. God blessed them and God said to them: Be fertile and multiply; fill the earth and subdue it. Have dominion over the fish of the sea, the birds of the air, and all the living things that crawl on the earth. God looked at everything he had made, and found it very good.

This is the Word of the Lord.

Thanks be to God.

Psalm Response

Happy are those who fear the Lord and walk in His ways. (Ps. 128)

A reading from the letter of St. Paul to the Ephesians. Eph 6:1-9

Children, obey your parents [in the Lord], for this is right. "Honor your father and mother." This is the first commandment with a promise, "that it may go well with you and that you may have a long life on earth." Fathers, do not provoke your children to anger, but bring them up with the training and instruction of the Lord. Slaves, be obedient to your human masters with fear and trembling, in sincerity of heart, as to Christ not only when being watched, as currying favor, but as slaves of Christ, doing the will

of God from the heart, willingly serving the Lord and not human beings, knowing that each will be requited from the Lord for whatever good he does, whether he is slave or free. Masters, act in the same way toward them, and stop bullying, knowing that both they and you have a Master in heaven and that with him there is no partiality.

This is the Word of the Lord

Thanks be to God

Gospel Acclamation

V. Alleluia, Alleluia, Alleluia.

R. Alleluia, Alleluia, Alleluia

V. Observe, my son, your father's bidding and reject not your father's teaching.

R. Alleluia, Alleluia, Alleluia

A Reading from the Holy Gospel according to St. Luke. Lk 2:42-52

.When he was twelve years old, they went up according to festival custom. After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers. When his parents saw him, they were astonished, and his mother said to him, "Son, why have you done this to us? Your father and I have been looking for you with great anxiety." And he said to them, "Why were you looking for me? Did you not know that I must be in my Father's house?" But they did not understand what he said to them. He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced [in] wisdom and age and favor before God and man.

This is the Gospel of the Lord.

Praise be to You, Jesus Christ.

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