

## Act of Spiritual Communion

*(To be used at the time of communion when not receiving the sacrament or anytime we wish to be united with our Lord)*

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. In-flame my heart with the fire of Your love, my Lord and Savior. Amen.

## Prayer of St. Michael

*Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast in-to hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.*

## Our Savior

### Polish National Catholic Church

610 N. Beech Daly Rd.

Dearborn Heights, MI 48127-3460

**Rectory Phone:** 313-561-5233

**Emergency Phone:** 574-329-9292

**Pastor:** Rev. John A. Cramer

**Deacon:** Rev. Mr. Richard Kasprzak

**Fr. Cramer E-mail:** [cramerjo4@att.net](mailto:cramerjo4@att.net)

**Organists & Choir Directors:** Elizabeth Kasprzak / Audrey Sniezek

**Parish Committee Chair:** Mrs. Suzanne Sniezek

**Parish E-Mail:** [oursaviorpncc@att.net](mailto:oursaviorpncc@att.net)

**Parish Website:** [www.oursaviorpncc.com](http://www.oursaviorpncc.com)

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## Mass Schedule

Sunday Mass at 10:30 AM

Daily Mass: Tues., Thurs. 5:30 PM

Wed. Noon

**Solemnity of Pentecost**  
**Contemporary Rite p. 63**  
**Confiteor p. 66**  
**Gloria p. 68**

V. For the Spirit of the Lord fills the world, is all-embracing, and knows what man says. Alleluia.

**R. Therefore no one who utters wicked things can go unnoticed, nor will chastising condemnation pass him by. Alleluia**

V. Glory be...

**R. As it was...**

**A Reading from the Acts of the Apostles**

Acts 2:1-11

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. Now there were devout Jews from every nation under heaven staying in Jerusalem. At this sound, they gathered in a large crowd, but they were confused because each one heard them speaking in his own language. They were astounded, and in amazement they asked, "Are not all these people who are speaking Galileans? Then how does each of us hear them in his native language? We are Parthians, Medes, and Elamites, inhabitants of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the districts of Libya near Cyrene, as well as travelers from Rome, both Jews and converts to Judaism, Cretans and Arabs, yet we hear them speaking in our own tongues of the mighty acts of God."

*This is the Word of the Lord.*

**Thanks be to God.**

**Psalm**

***Lord, send out your Spirit, and renew the face of the earth. (Ps. 104)***

**A reading from the First letter of St. Peter.**

1 Peter 4:13-16

Brothers and sisters: No one can say, "Jesus is Lord," except by the Holy Spirit. There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone. To each individual the manifestation of the Spirit is given for some benefit. As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit.

*This is the Word of the Lord*

**Thanks be to God**

**Sequence**

**Alleluia**

V. Alleluia, Alleluia, Alleluia, Alleluia

**R. Alleluia, Alleluia, Alleluia, Alleluia**

V. Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

**R. Alleluia, Alleluia, Alleluia, Alleluia**

**A Reading from the Holy Gospel According to St. John**

John 17:1-11

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. The disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

*This is the Gospel of the Lord.*

**Praise be to You, Jesus Christ.**