

## Act of Spiritual Communion

*(To be used at the time of communion when not receiving the sacrament or anytime we wish to be united with our Lord)*

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. In-flame my heart with the fire of Your love, my Lord and Savior. Amen.

## Prayer of St. Michael

*Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast in-to hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.*

## Our Savior

### Polish National Catholic Church

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## Mass Schedule

Sunday Mass at 10:30 AM

Daily Mass: Tues., Thurs. 5:30 PM

Wed. Noon

**7th Sunday of Easter**  
**Contemporary Rite, p. 63**  
**Confiteor, p. 66**

**Entrance Hymn**

V. Commit your way to the Lord; trust that God will act and make your integrity shine like the dawn, your vindication like noonday. Alleluia.

**R. I wait with longing for the Lord, my soul waits for His word. Alleluia.**

V. Glory be...

**R. As it was in the beginning...**

**A Reading from the Acts of the Apostles**

Acts 1:12-14

After Jesus had been taken up to heaven the apostles returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they entered the city they went to the upper room where they were staying, Peter and John and James and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, Simon the Zealot, and Judas son of James. All these devoted themselves with one accord to prayer, together with some women, and Mary the mother of Jesus, and his brothers.

*This is the Word of the Lord.*

**Thanks be to God.**

**Psalm**

***I believe that I shall see the good things of the Lord in the land of the living.***

***(Ps. 27)***

**A reading from the First letter of St. Peter.**

1 Peter 4:13-16

Beloved: Rejoice to the extent that you share in the sufferings of Christ, so that when his glory is revealed you may also rejoice exultantly. If you are insulted for the name of Christ, blessed are you, for the Spirit of glory and of God rests upon you. But let no

one among you be made to suffer as a murderer, a thief, an evildoer, or as an intriguer. But whoever is made to suffer as a Christian should not be ashamed but glorify God because of the name.

*This is the Word of the Lord*

**Thanks be to God**

**Alleluia**

V. Alleluia, Alleluia, Alleluia, Alleluia

**R. Alleluia, Alleluia, Alleluia, Alleluia**

V. I will not leave you orphans, says the Lord. I will come back to you, and your hearts will rejoice.

**R. Alleluia, Alleluia, Alleluia, Alleluia**

**A Reading from the Holy Gospel According to St. John**

John 17:1-11

Jesus raised his eyes to heaven and said, "Father, the hour has come. Give glory to your son, so that your son may glorify you, just as you gave him authority over all people, so that your son may give eternal life to all you gave him. Now this is eternal life, that they should know you, the only true God, and the one whom you sent, Jesus Christ. I glorified you on earth by accomplishing the work that you gave me to do. Now glorify me, Father, with you, with the glory that I had with you before the world began. "I revealed your name to those whom you gave me out of the world. They belonged to you, and you gave them to me, and they have kept your word. Now they know that everything you gave me is from you, because the words you gave to me I have given to them, and they accepted them and truly understood that I came from you, and they have believed that you sent me. I pray for them. I do not pray for the world but for the ones you have given me, because they are yours, and everything of mine is yours and everything of yours is mine, and I have been glorified in them. And now I will no longer be in the world, but they are in the world, while I am coming to you."

*This is the Gospel of the Lord.*

**Praise be to You, Jesus Christ.**