Act of Spiritual Communion

(To be used at the time of communion when not receiving the sacrament or anytime we wish to be united with our Lord)

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. Inflame my heart with the fire of Your love, my Lord and Savior. Amen.

Prayer of St. Michael

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.

Our Savior Polish National Catholic Church

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Parish Committee Chair: Mrs. Suzanne Sniezek

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Follow us on Twitter: @OPncc

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Mass Schedule

Sunday Mass at 10:30 AM Daily Mass: Tues., Thurs. 5:30 PM Wed. Noon

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V. But when the kindness and generous love of God our Savior appeared, not because of any righteous deeds we had dons but because of His mercy,

R. He saved us through the bath of rebirth and renewal by the Holy Spirit, whom He richly poured out on us through Jesus Christ our Savior.

V. Glory be...

R. As it was...

A Reading from the Book of Exodus

Exodus 34:4-6, 8-9

Early in the morning Moses went up Mount Sinai as the LORD had commanded him, taking along the two stone tablets. Having come down in a cloud, the LORD stood with Moses there and proclaimed his name, "LORD." Thus the LORD passed before him and cried out, "The LORD, the LORD, a merciful and gracious God, slow to anger and rich in kindness and fidelity." Moses at once bowed down to the ground in worship. Then he said, "If I find favor with you, O Lord, do come along in our company. This is indeed a stiff-necked people; yet pardon our wickedness and sins, and receive us as your own."

This is the Word of the Lord.

Thanks be to God.

Psalm

Glory and Praise forever! (Deut. 3)

A reading from the Second letter of St. Paul to the Corinthians. 2 Corinthians 13:11-13

Brothers and sisters, rejoice. Mend your ways, encourage one another, agree with one another, live in peace, and the God of love and peace will be with you. Greet one another with a holy kiss. All the holy ones greet you. The grace of the Lord Jesus Christ

and the love of God and the fellowship of the Holy Spirit be with all of you.

This is the Word of the Lord

Thanks be to God

Alleluia

V. Alleluia, Alleluia, Alleluia

R. Alleluia, Alleluia, Alleluia

V. Glory to the Father, the Son, and the Holy Spirit; to God who is, who was, and who is to come.

R. Alleluia, Alleluia, Alleluia

A Reading from the Holy Gospel According to St. John John 3:16-18

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.

This is the Gospel of the Lord.

Praise be to You, Jesus Christ.

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