

## Act of Spiritual Communion

*(To be used at the time of communion when not receiving the sacrament or anytime we wish to be united with our Lord)*

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. In-flame my heart with the fire of Your love, my Lord and Savior. Amen.

## Prayer of St. Michael

*Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast in-to hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen.*

## Prayer of St. Francis

Lord, make me an instrument of Your peace;  
Where there is hatred, let me sow love;  
Where there is injury, pardon;  
Where there is doubt, faith;  
Where there is despair, hope;  
Where there is darkness, light;  
And where there is sadness, joy.  
O Divine Master,  
Grant that I may not so much seek  
To be consoled as to console;  
To be understood, as to understand;  
To be loved, as to love;

For it is in giving that we receive,  
It is in pardoning that we are pardoned,  
And it is in dying that we are born to Eter-nal Life.  
Amen.

## Our Savior

### Polish National Catholic Church

610 N. Beech Daly Rd.

Dearborn Heights, MI 48127-3460

**Rectory Phone:** 313-561-5233

**Emergency Phone:** 574-329-9292

**Pastor:** Rev. John A. Cramer

**Deacon:** Rev. Mr. Richard Kasprzak

**Fr. Cramer E-mail:** [cramerjo4@att.net](mailto:cramerjo4@att.net)

**Organists & Choir Directors:** Elizabeth Kasprzak / Audrey Sniezek

**Parish Committee Chair:** Mrs. Suzanne Sniezek

**Parish E-Mail:** [oursaviorpncc@att.net](mailto:oursaviorpncc@att.net)

**Parish Website:** [www.oursaviorpncc.com](http://www.oursaviorpncc.com)

**Also visit us on Facebook**

**Follow us on Twitter:** @OPncc

**And Instagram:** pnccoursavior



## Mass Schedule

Sunday Mass at 10:30 AM

Daily Mass: Tuesday-Friday at Noon

**Twentieth Sunday in Ordinary Time**  
**Contemporary Rite p. 63**  
**Penitential Rite p. 66**

V. Up Jerusalem! Stand upon the heights; look to the east and see your children gathered from the east and the west at the word of the Holy One, rejoicing that they are remembered by God.

**R. I rejoiced when they said to me, "Let us go to the house of the Lord." And now our feet are standing within your gates, Jerusalem.**

V. Glory be...

**R. As it was...**

**A Reading from the Book of the Prophet Isaiah.**

Isaiah 56:1, 6-7

Thus says the LORD: Observe what is right, do what is just; for my salvation is about to come, my justice, about to be revealed. The foreigners who join themselves to the LORD, ministering to him, loving the name of the LORD, and becoming his servants—all who keep the Sabbath free from profanation and hold to my covenant, them I will bring to my holy mountain and make joyful in my house of prayer; their burnt offerings and sacrifices will be acceptable on my altar, for my house shall be called a house of prayer for all peoples.

*This is the Word of the Lord.*

**Thanks be to God.**

**Psalm**

***O God, let all the nations praise you! (Psalm 85)***

**A reading from the Letter of St. Paul to the Romans.**

Romans 11:13-15, 29-32

Brothers and sisters: I am speaking to you Gentiles. Inasmuch as I am the apostle to the Gentiles, I glory in my ministry in order to make my race jealous and thus save some of them. For if their rejection is the reconciliation of the world, what will their acceptance be but life from the dead? For the gifts and the call of God are irrevocable. Just as you once disobeyed God but have now received mercy because of their disobedience, so they have now disobeyed in order that, by virtue of the mercy shown to you,

they too may now receive mercy. For God delivered all to disobedience, that he might have mercy upon all.

*This is the Word of the Lord*

**Thanks be to God**

**Alleluia**

V. Alleluia, Alleluia, Alleluia, Alleluia

**R. Alleluia, Alleluia, Alleluia, Alleluia**

V. Jesus proclaimed the Gospel of the kingdom and cured every disease among the people.

**R. Alleluia, Alleluia, Alleluia, Alleluia**

**A Reading from the Holy Gospel According to St. Matthew**

Matthew 15:21-28

At that time, Jesus withdrew to the region of Tyre and Sidon. And behold, a Canaanite woman of that district came and called out, "Have pity on me, Lord, Son of David! My daughter is tormented by a demon." But Jesus did not say a word in answer to her. Jesus' disciples came and asked him, "Send her away, for she keeps calling out after us." He said in reply, "I was sent only to the lost sheep of the house of Israel." But the woman came and did Jesus homage, saying, "Lord, help me." He said in reply, "It is not right to take the food of the children and throw it to the dogs." She said, "Please, Lord, for even the dogs eat the scraps that fall from the table of their masters." Then Jesus said to her in reply, "O woman, great is your faith! Let it be done for you as you wish." And the woman's daughter was healed from that hour.

*This is the Gospel of the Lord.*

**Praise be to You, Jesus Christ.**